## 会菀 Tentancưtindos Retirement Community

12322 N 113th Ave • Youngtown, AZ 85363 • (623) 583-2460

## ASSISTED LIVING NEWSLETTER Staff Directory

Heather McBride
Bekah Tena
Dawn Valenti
Mike Burgess
Tristan Cannon
Joanna Saenz
Charlotte Saben
Sergio Monzalvo
Sherry Walker
Misty Davis
Eric Taylor
Denise B.
Eric Arevalo

Executive Director Compliance Manager Marketing Director Wellness Director RCC
Wellness Coordinator Activities Director Dining Services Director Housekeeping Supervisor Resident Liaison Maintenance Director

Receptionist
Transportation

## See a Solar Eclipse

On April 8, millions of people in the U.S. will have the chance to witness the spectacle of a total solar eclipse, when the moon will pass in front of the sun and darken the sky. This astronomical event will span across the continent from Mexico to northeastern Canada. In the path of totality, the darkness will last up to $41 / 2$ minutes, nearly twice as long as the total solar eclipse in 2017. Even those outside the main path can experience a partial eclipse, where the moon will partially block the sun.

Remember, you should never look directly at the sun during an eclipse event. Be sure to wear solar viewing glasses, use approved solar filters on cameras and binoculars, or view the eclipse indirectly with a pinhole camera.

## April 2024



Welcome to Aprill
The world is remembering its roots this month as spring starts turning everything green! No matter how fickle the weather may be, we always anticipate the new beginnings this freshest of months brings. Of course, April is full of other celebrations, like April Fools' Day (1st), Earth Day (22nd) and even National Velociraptor Awareness Day (18th). However you choose to have fun this month, we hope you enjoy the brightening days!

## Dabble in Scrabble

Have some F-U-N on April 13, National Scrabble Day. Fans of the popular board game often turn to "The Official Scrabble Players Dictionary," which was most recently updated in 2022 and now contains more than 100,000 words. Improve your Scrabble strategy by brushing up on two-letter words-they can often be placed to take advantage of double or triple score squares.

Retirement Community
$\star$ Special Event * Manicures

Saturday

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathrm{C}_{6} \mathrm{COO}_{\text {DAY }}$ |   <br> 9:00 Trip to Walmart: Sign Up <br>  with Denise <br> 10:00 Games of Choice (AR) <br> 1:00 Crafts- Make a Hat (AR) <br> $2: 30$  <br>  Lotions) (AR) * <br> 6:00 Games Available (AR/L) | 9:00 News Briefs, Coffee, and Goodies (AR) $\begin{array}{\|cc} 10: 00 & \text { Wii Bowling (AR) I-l } \\ \text { 1:00 } & \text { Bingo (AR) } \\ \text { 2:30 } & \text { Choir Practice (AR) } \\ \text { 6:00 } & \text { Poker (L) } \end{array}$ |   <br> 9:00 Fry's Senior Discount <br>  Day: Sign Up with Denise <br> 10:00 Games Available (AR) <br> 1:00  <br> 2:  <br> 2:3ble Bingo (AR) Bean Bag Baseball or Corn <br> Hole (DR)  <br> 6:00 Bible Study (AR)  |   <br> 9:00 Coffee \& Chronicles (AR) <br> 10:00 Games- Farkle (AR) <br> 1:00 Seated Tai Chi w/Jack <br>  (AR) <br> 2:30 Horse Races (DR) <br> 6:00 Games Available (AR/L) |   <br> 9:00 Dollar Tree Trip: Sign Up <br>  with Denise <br> 10:00 Exercise (YouTube) 1 -1 <br> 1:00 Bingo (AR) <br> 2:30 BIRTHDAY PARTY with  <br> $\quad$ Tom (DR)  <br> 3:30 Yappy Hour (Courtyard)  <br> 6:00 Resident Choice |   <br> 10:00 $\quad$ Games of Choice: Self  <br> Directed  <br> 1:00 Movie (AR)  <br> 6:00 $\quad$ Poker Night (L)  |
| 8:45 Shepherd of the Desert Church <br> Bus Pickup at Front Office $\dagger$ 10:00 Virtual Service † <br> 1:00 ART CLASS (AR) <br> 2:30 ART CLASS (AR) <br> 6:00 Resident Choice |  | 9:00 News Briefs, Coffee, and Goodies (AR) $\begin{array}{\|cc} 10: 00 & \text { Wii Bowling (AR) I-I } \\ \text { 1:00 } & \text { Bingo (AR) } \\ \text { 2:30 } & \text { Choir Practice (AR) } \\ \text { 6:00 } & \text { Poker (L) } \end{array}$ | 9:00 Walking Group (Meet in Courtyard) 10:00 Games- Uno (AR) 1:00 Double Bingo 2:30 Bean Bag Baseball or Corn Hole (DR) <br> 6:00 Bible Study (AR) | 9:00 Coffee \& Chronicles (AR) 10:00 Blank Slate Game (AR) 1:00 Seated Tai Chi w/Jack (AR) <br> 3:00 Resident Council Meeting (AR) <br> 6:00 Games Available (AR/L) |  | $\|$  <br> 10:00 $\quad$ Games of Choice: Self  <br> Directed  <br> 1:00 Who I Am (L)  <br> 6:00 Poker Night (L) |
| 8:45 Shepherd of the Desert Church Bus Pickup at Front Office $\dagger$ 10:00 Virtual Service † 1:00 ART CLASS (AR) 2:30 Abiding Peace Church Service (DR) 6:00 Resident Choice |   <br> 9:00 Shopping at Walmart <br> 10:00 Games of Choice (AR) <br> 1:00 Crafts- Spring Décor (AR) <br> 2:30  <br> Lotions) (AR) *  <br> 6:00 Games Available (AR/L) | 9:00 News Briefs, Coffee, and Goodies (AR) $\begin{array}{\|cc} 10: 00 & \text { Wii Bowling (AR) I-1 } \\ \text { 1:00 } & \text { Bingo (AR) } \\ 2: 30 & \text { Choir Program (DR) } \\ \text { 6:00 } & \text { Poker (L) } \end{array}$ | 9:00 Walking Group (Meet in Courtyard) <br> 10:00 Cultural Program (AR) <br> 1:00 Double Bingo <br> 2:30 Bean Bag Baseball or Corn Hole (DR) <br> 6:00 Bible Study (AR) |   <br>   <br> 9:00 Coffee \& Chronicles (AR) <br> 10:00 Games- Farkle or Uno <br>  (AR) <br> 1:00 Seated Tai Chi w/Jack <br> (AR)  <br> 6:00 Games Available (AR/L) | 9:00 Out to Brunch: Sign Up with Denise ```10:00 Exercise (YouTube)\|-1 1:00 Bingo (AR) 3:30 Yappy Hour (Courtyard) 6:00 Resident Choice``` |  20 <br> 10:00 Scrabble: Self Directed <br> 1:00 ART CLASS (AR)  <br> 6:00 Poker Night (L) |
| 8:45 Shepherd of the Desert Church <br> Bus Pickup at Front Office $\dagger$ 10:00 Virtual Service † <br> 1:00 ART CLASS (AR) <br> 2:30 ART CLASS (AR) <br> 6:00 Resident Choice |  22 <br> 9:00 FRY'S Shopping: Sign Up <br> with Denise  <br> 10:00 Games of Choice (AR) <br> 1:00 rafts- Earth Day Craft (AR) <br> 2:30  <br> 6:00 Lotions) (AR) <br> Games Available (AR/L)  | 9:00 News Briefs, Coffee, and Goodies (AR) $\begin{array}{\|cc} 10: 00 & \text { Wii Bowling (AR) } 1 \text { - } \\ \text { 1:00 } & \text { Bingo (AR) } \\ \text { 2:30 } & \text { Science Class (AR) } \\ \text { 6:00 } & \text { Poker (L) } \end{array}$ | 9:00 News \& Coffee (AR) <br> 9:00 Walking Group (Meet in Courtyard) <br> 10:00 Blank Slate Game (AR) <br> 1:00 Double Bingo <br> 2:30 Music with Julius (DR) <br> 6:00 Bible Study (AR) |   <br> 9:00 Coffee \& Chronicles (AR) <br> 10:00 Games- Farkle or Uno (AR) <br> 1:00 Seated Tai Chi w/Jack <br> (AR)  <br> 2:30 Town Hall Meeting- Staff  <br> Invited (AR)  <br> 6:00 Games Available (AR/L) |   <br>   <br> 9:00 Goodwill Shopping: Sign <br>  $\quad$ Up with Denise <br> 10:00 Exercise (YouTube) <br> 1:00 Bingo (AR) <br> 3:30 Yappy Hour (Courtyard)  <br> 6:00 Resident Choice |   <br> 10:00 $\quad$ Games of Choice: Self  <br> Directed  <br> 1:00 Movie (AR)  <br> 6:00 $\quad$ Poker Night (L)  |
| 8:45 Shepherd of the Desert Church <br> Bus Pickup at Front Office $\dagger$ 10:00 Virtual Service † <br> 1:00 ART CLASS (AR) <br> 2:30 Abiding Peace Church <br> Service (DR) <br> 6:00 Resident Choice |  |  30 <br> 9:00 News Briefs, Coffee, and  <br> Goodies (AR)  <br> 10:00 Wii Bowling (AR) ॥-l <br> 1:00 Bingo (AR) <br> 2:30  <br> 6ord Games (AR)  <br> 6:00 Poker (L) |  |  | national <br> 15 <br> ite <br> month | All Events Are Subject to Change |

Assisted Living Newsletter

## Home Field Advantage

From historic fields to modern spaces, fans of Major League Baseball can see the action play out in 30 different ballparks. Here's a partial lineup of those venues and when they were unveiled.

| Year Built | Stadium | Team |
| :--- | :--- | :--- |
| 1912 | Fenway Park | Boston Red Sox |
| 1914 | Wrigley Field | Chicago Cubs |
| 1962 | Dodger Stadium | Los Angeles Dodgers |
| 1973 | Kauffman Stadium | Kansas City Royals |
| 1992 | Camden Yards | Baltimore Orioles |
| 2003 | Great American Ball Park | Cincinnati Reds |
| 2012 | LoanDepot Park | Miami Marlins |
| 2020 | Globe Life Field | Texas Rangers |

## "This Month In History" APRIL

1860: The first Pony Express rider leaves St. Joseph, Mo.
1908: Home to large sandstone pathways formed over time by flowing water, the Natural Bridges National Monument is established in southeast Utah.

1932: Dr. Charles Glen King, a chemistry professor at the University of Pittsburgh, isolates vitamin C from lemon juice. This breakthrough made it possible to accurately study the nutrient's properties and benefits in medicine.

1956: Daytime soap opera "As the World Turns" premieres on television. It was the first soap to have a half-hour runtime, rather than just 15 minutes.
1970: Almost 56 hours into a mission to the moon, Apollo 13 commander Jim Lovell reports to ground control, "Houston, we've had a problem." Days later, after a gripping rescue mission, millions around the world watched the spacecraft splash down safely in the Pacific Ocean.
1994: South Africa holds its first multiracial elections, with Nelson Mandela earning 62\% of the popular vote to become the country's first Black president.
2010: Apple debuts its tablet computer, the iPad. Consumers purchased 300,000 units on the first day. 202I: A rare copy of "Action Comics \#I," featuring the debut of Superman, sells for a record-breaking $\$ 3.25$ million.

